

Multicultural Home Delivered Meals June Menu 2025

MONDAY TURSDAY WEDNESDAY WEDNESDAY THURSDAY THURSDAY THURSDAY THURSDAY THURSDAY THURSDAY THURSDAY THURSDAY FRIDAY WEDNESDAY THURSDAY FRIDAY WEDNESDAY THURSDAY FRIDAY WEDNESDAY THURSDAY FRIDAY WE Block Carner Cheese Fry Oquit (2) Turne Salad Block Bean & Lenntl Salad Christing Cheese Trist Gheese Tris		Multicultural	Home Delivered Meals Jun	ie Menu 2025	
## WB fread (2) will Peach (2) will	MONDAY	THESDAY	WEDNESDAY	THURSDAY	FRIDAY
WW Bread (x) F F Joint (x) Truns Salad Black Boan & Lentil Salad w Curni Limo Dressing Fresh Apple Sicked Parts & Salad will (x) WW Bread (x) w Factors (4pk) WW Dinner Roll w Smart Balance Fresh Apple User String Cheese Fresh Apple WW Dinner Roll w Smart Balance WW Crackers (4pk) WW Dinner Roll w Smart Balance WW Dinner Roll w Smart Balance Fresh Apple WW Dinner Roll w Smart Balance WW Dinner Roll w Smart Balance WW Crackers (4pk) WW Dinner Roll w Smart Balance WW Dinner Roll w Smart Balance WW Crackers (4pk) W				 	
FF Yogurt (2) Orange-Pineapple Julice & 1% Milk (2) Truns Salad Black Boan & Lentil Salad W. Carebare (1) FF Yogurt LF String Cheese FF Yogurt LF String Che	_		-		-
Tuns Salard Black Bean & Lentil Salad W Cumin Lime Dressing WW Broad (2) Fresh Apple Scandinevian Veg Bland W Crackers (4pk) WB Peach (2) WW Broad (2) w Peanut Bluffer AS F Jelly LF String Cheese Fresh Apple WW Broad (2) WW B	FF Yogurt (2)	WG Oatmeal Pouch		LF String Cheese	FF Yogurt
Black Bean & Lentil Salad w Count Lime Dressing WW Bread (2) w Fost Apple Sliced Turkey w Turkey Gravy Swelf Potatose Scandinavian Veg Bland W Porackers (2pk) Halan Dressing WW Peach W Crackers (2pk) Halan Dressing Herbed Farro Salad w Walnuts & Fota Cheese Scandinavian Veg Bland W Crackers (2pk) Halan Dressing Corn & Carnot Salad W Porackers (2pk) Halan Dressing Herbed Farro Salad w Walnuts & Fota Cheese Scandinavian Veg Bland W Crackers (2pk) Halan Dressing Tri-Color Past and Salad Salad W Porackers (2pk) Halan Dressing W W Dinner Roll (2) w Mark Balance Fresh Apple Tri-Color Past and Salad	Orange-Pineapple Juice & 1% Milk (2)		Orange-Pineapple Juice & 1% Milk (2)		
WW Bread (2) Fresh Apple Sliced Turkey W Turkey Gravy Sweet Potatoes Scandinavian Veg Blend WW Crackers (2pk) Italian Dressing WW Dread (2) w Peanut Butter & St Jelly Less Spring Mix WW Dread (2) w Peanut Butter & St Jelly Italian Dressing Fresh Apple WW Bread (2) w Peanut Butter & St Jelly Violanamese Chicken Salad Wo Dinner Roll (2) w Smart Balance If Poor Cange Peoper & Tomato Salad WW Dread (2) w Peanut Butter & St Jelly Cornge Juice & 15 w Milk (2) Fresh Cornse WW Dinner Roll (2) w Smart Balance If Poor Cange Dinner Omelet Hard Boiled Egg (1) Chicken Sausage (1) Corn (2) w Smart Balance WW Go Stands Salad WW Dinner Roll (2) W Smart Balance UW Peach WW Go Stands Salad WW Dinner Roll (2) W Smart Balance UW Peach WW Go Stands Salad WW Dinner Roll (2) W Smart Balance UW Peach WW Go Stands Salad WW Dinner Roll (2) W Smart Balance UW Peach WW Go Stands Salad WW Dinner Roll (2) W Smart Balance UW Peach WW Go Stands Salad WW Dinner Roll (2) W Smart Balance UW Peach WW Go Stands Salad WW Dinner Roll (2) W Smart Balance UW Peach WW Go Stands Salad WW Dinner Roll (2) WW Dinner Roll					
Herbed Farro Salad w Wainuis & Feta Choese Fresh Apple					
Fresh Apple Sliced Turkey W Turkey Gravy Sweet Potatoes Scandinavian Veg Blend WW Crackers (4pk) IW Peach WW Peach WW Peach WW Bread (2) w Peanut Butter & SF Jelly Fresh Orange Fresh Apple WW Bread (2) w Peanut Butter & SF Jelly Fresh Orange Fresh Salad WW Dinner Roll w Smart Balance WW Dinner Roll (2) w Feature S F Jelly Fresh Orange WW Dinner Roll w Smart Balance WW Crackers (2pk) Fresh Orange WW Dinner Roll w Smart Balance WW Crackers (2pk) Fresh Orange WW Dinner Roll w Smart Balance WW Crackers (2pk) Fresh Orange WW Dinner Roll w Smart Balance WW Crackers (2pk) WW Dinner Roll w Mandarin Orange Italian Dressing Fresh Apple WW Dinner Roll w Smart Balance WW Crackers (2pk) WW Dinner Roll w Smart Balance WW Crackers (2pk) WW Dinner Roll w Smart Balance WW Crackers (2pk) WW Dinner Roll w Smart Balance WW Crackers (2pk) WW Dinner Roll w Mandarin Orange WW Crackers (2pk) WW Dinner Roll w Mandarin Orange WW Crackers (2pk) WW Dinner Roll w Mandarin Orange WW Crackers (4pk) WW Dinner Roll w Mandarin Orange WW Crackers (4pk) WW Dinner Roll w Mandarin Orange WW Crackers (4pk) WW Dinner Roll w Mandarin Orange WW Crackers (4pk) WW Dinner Roll w Mandarin Orange WW Crackers (4pk) WW Dinner Roll w Mandarin Orange WW Crackers (4pk) WW Dinner Roll w Mandarin Orange WW Crackers (4pk) WW Dinner Roll w Mandarin Orange WW Crackers (4pk) WW Dinner Roll w Mandarin Orange WW Crackers (4pk) WW Dinner Roll w Mandarin Orange WW Crackers (4pk) WW Dinner Roll w Mandarin Orange WW Crackers (4pk) WW Dinner Roll w Mandarin Orange WW Crackers (4pk) WW Dinner Roll w Mandarin Orange WW Crackers (4pk) WW Dinner Roll w	_			,	
Silced Turkey Wi Turkey Gravy Sweet Potatoes Scandinavian Veg Blend WC Crackers (apk) IW Peach WC Backers (apk) IW Peach WC Backers (apk) IW Peach WW Dinner Roll wSmart Balance Fresh Orange Fresh Oran					
Samed Potatoos Scandinavian Vag Blend WW Crackers (4pk) IW Peach WW Dimer Roll (2) w Fresh Apple WW Bread (2) w Peanut Butter & SF Jelly IV Firing Cheese FF Vogurt Orange Julice & 1% Milk (2) Vietnames Chicken Salad Confett Rice Salad WW Dimer Roll (2) w Shart Balance IW Peaches Breakfast for Dimer Orange Breakfast for Dimer Orange Breakfast for Dimer Orange WW Crackers (4pk) Fresh Apple WW Crackers (4pk) WW Dimer Roll (2) w Shart Balance IW Peaches Breakfast for Dimer Orange Breakfast for Dimer Orange Breakfast for Dimer Orange WW Crackers (4pk) Fresh Apple WW Crackers (4pk) Fresh Apple WW Crackers (4pk) WW Crackers (4pk) Fresh Apple WW Dimer Roll (2) w Shart Balance IW Peaches Baby Baked Potato WW Crackers (4pk) Fresh Apple WW Crackers (4pk) Fresh Apple WW Crackers (4pk) Fresh Apple WW Bread (2) w Peanut Butter & SF-Jelly Fresh Apple WW Crackers (4pk) Fresh Apple WW Crackers (4pk) Fresh Apple WW Crackers (4pk) Fresh Apple WW Bread (2) w Peanut Butter & SF-Jelly Fresh Apple WW Crackers (4pk) Fresh Apple WW Grandola Bar Fresh Apple WG Gannola Bar Freyourt (2) Orange Juice & 1% Milk (2) Orange Ju	<u> </u>	. 0	-		
Scandinavian Veg Blend WW Crackers (apk) ITri-Color Pasta w/ Parmess Sundridard Tomato Sauce & Chicken Breast Corn & Carrots WW Dinner Roll w/Smart Balance Fresh Opine Progurt Orange-Pineapple Julice & 1% Milk (2) Verackers (apk) Interest on Direct Chicken Saud WW Dinner Roll (2) w/ Panut Butter & SF Jelly Less String Cheese Fresh Commands We String Cheese Fresh Opine WW Dinner Roll (2) w/ Panut Butter & SF Jelly Less String Cheese Fresh Opine WW Dinner Roll (2) w/ Smart Balance We String Cheese Fresh Opine We String Cheese Fresh Opine We String Cheese Fresh Opine Fresh Opine We String Cheese Fresh Opine We String Cheese Fresh Opine Fresh Opine We String Cheese Fresh Opine Fresh Opine We Cackers (apk) Fresh Opine Fresh Opine We Crackers (apk) Fresh Opine We Crackers (apk) Fresh Opine Fresh Opine We Crackers (apk) Fresh Opine Fresh Opine We Crackers (apk) Fresh Opine Fre					Fresh Apple
Tri-Color Pasta w Parmesan Sundried Tomato WW Drackers (4pk) WP Deach WW Bread (2) w Peanut Butter & SF Jelly LF String Cheese FF Yogurt (2) Orange Julice & 1% Milk (2) Peaches UW Pintengpel Julice & 1% Milk (2) Pork, Flora Board WW Dinner Roll w Milk (2) Vietnames Chicken Salad WW Dinner Roll (2) w Smart Balance WW Bread (2) w Peanut Butter & SF Jelly LF String Cheese FF Yogurt (2) Orange Julice & 1% Milk (2) Vietnames Chicken Salad WW Dinner Roll (2) w Smart Balance WW Dinner Roll (2) w Smart Balance WW Drackers (4pk) Broad (2) w Peanut Butter & SF Jelly Confect Rice Salad WW Dinner Roll (2) w Smart Balance WW Drackers (4pk) Fresh Orange WW Grackers (4pk) Fresh Orange WW Orackers (4pk) Fresh Orange WW Crackers (4pk) Fresh Orange WW Bread (2) w Peanut Butter & SF Jelly Fresh Orange WW Drackers (4pk) Fresh Orange WW Crackers (4pk) Fresh Orange WW Drackers (4pk) Fresh Orange WW Bread (2) w Peanut Butter & SF Jelly Fresh Orange WW Bread (2) w Peanut Butter & SF Jelly Fresh Orange WW Bread (2) w Peanut Butter & SF Jelly Fresh Orange WW Bread (2) w Peanut Butter & SF Jelly Fresh Orange WW Bread (2) w Peanut Butter & SF Jelly Fresh Orange				·	
Sauce & Chicken Breast Corn & Carrots WD Dinner Roll wSmart Balance Fresh Orange 10 WW Bread (2) w/ Peanut Butter & SF Jelly Fryogurt Orange-Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Fresh Orange Pork Taco Bowl (Pork, Pinto Beans, Corn, Shredded Cheese) Shring Mix Moxican Rice Fresh Apple 11 11 11 12 WW Bread (2) w/ Peanut Butter & SF Jelly Fryogurt Orange-Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Orange Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Orange Juice & 1% Milk (2) Orange Juice & 1% Milk (2) Orange Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Orange Juice & 1% M		Tri-Color Pasta w/ Parmesan Sundried Tomato			
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Fresh Orange 9			Fresh Apple		
## SF Cookle ## SF Cookle ## WW Bread (2) w/ Peanut Butter & SF Jelly LF String Cheese FF Yogurt (2) FF Yogurt (2) Forumanese Chicken Salad WW Dinner Roll (2) w/ Smart Balance WW Dinner Roll (2) w/ Smart Balance WW Dinner Roll (2) w/ Smart Balance WW Dinner Omlet Hard Boiled Egg (1) Carpi Vegetables Breakfast for Dinner Omelet Hard Boiled Egg (1) Chicken Sausage					IW Pineapple Chunks
WW Bread (2) w/ Peanut Butter & SF Jelly LF String Cheese FF Yogurt (2) WG Admeal Pouch Orange-Pineapple Julice & 1% Milk (2) Pork Taco Bowl Orange-Pineapple Julice & 1% Milk (2) Pork Taco Bowl Peanut Butter & SF Jelly FF Yogurt (2) Orange-Pineapple Julice & 1% Milk (2) Pork Taco Bowl Peanut Butter & SF Jelly FF Yogurt (2) Orange-Pineapple Julice & 1% Milk (2) Orange-Pineapple Julice & 1		Fresh Orange	ATA		
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FF Yogurt (2) Orange-Pineapple Juice & 1% Milk (2) Pork Probut Torange Juice & 1% Milk (2) Vietnamese Chicken Salad Confett Rice Salad WW Dinner Roll (2) w Smart Balance WW Dinner Roll (2) w Smart Balance WG White Corn Mini Tortillas (3) Cilanto Lime Dressing Hard Boiled Egg (1) Chicken Sausage (1) Baby Baked Potato Baby Baked Potato WW Crackers (4pk) WW Crackers (4pk) FF Yogurt (2) Orange-Pineapple Juice & 1% Milk	WW Bread (2) w/ Peanut Butter & SF Jelly				
FF Yogurt Orange Juice & 1% Milk (2) Orange Juice & 1% Milk (2) Vietnamese Chicken Salad Confetti Rice Salad WW Dinner Roll (2) W Smart Balance IW Peaches Breakfast for Dinner Omelet Hard Boiled Egg (1) Chicken Sausage (1) Capir Vegtables Baby Baked Potato WW Crackers (4pk) WW Crackers (4pk) IW Pears Capir Vegtables Baby Baked Potato WW Crackers (4pk) IW Pears MG Granola Bar FF Yogurt (2) Orange Juice & 1% Milk (2) Greek Chicken Quinoa Salad w Spring Mix WW Crackers (4pk) WW Drackers (4pk) WW Dinner Roll (2) WW Gale and the Unity of the Chicken Washing and the Control of the Chicken Washing and the Chicken Washing and the					FF Yogurt (2)
Vietnamese Chicken Salad Confetti Rice Salad Wo Dinner Roll (2) w/ Smart Balance IW Peaches Breakfast for Dinner Omelet Hard Boiled Egg (1) Chicken Sausage (1) Baby Baked Potato WW Crackers (4pk) Fresh Apple Fresh Apple WG Oatmeal Pouch Fresh Apple WG Oatmeal Pouch Frey Ogurt (2) Orange Juice & 1% Milk (2) Tarragon Chicken Salad WW Bread (2) w/ Sinced Turkey Mexican Quinoa Salad Wexican Quinoa Salad Mexican Quinoa Salad Wexican Quinoa Salad We					
Confetti Rice Salad WW Dinner Roll (2) w/ Smart Balance IW Peaches Breakfast for Dinner Omelet Hard Boiled Egg (1) Clicken Rouse (2) Clicken W Kung Pao Chicken Diced Chicken W Kung Pao Chicken Baby Baked Potato Baby Baked Potato WW Crackers (4pk) WW Dinner Roll (2) WW Smart Balance WW Dinner Roll (2) WW Dinner Roll (3) WW Dinner Roll (4) WW Dinner Roll (8) WW Dinner Roll (9) WW Dinner Roll (10)	Orange Juice & 1% Milk (2)	(Pork, Pinto Beans, Corn, Shredded Cheese)		Greek Chicken Quinoa Salad w/ Balsamic	
WW Dinner Roll (2) w/ Smart Balance					
Weaches Cilantro Lime Dressing Fresh Orange Fresh Orange WW Crackers (4pk) WW Dinner Roll (2) WP Dinner Roll (2) WW Dinner Roll (2) WP Dinner Roll (2) Chicken Passing WW Dinner Roll (2) WP Dinner Roll (2) Chicken Passing WP Dinner Roll (2) WP Dinner Roll (2) WP Dinner Roll (2) Chicken Passing WP Dinner Roll (2) WP Dinner Roll (2) WP Dinner Roll (2) WP Dinner Roll (2) Chicken Passing WP Dinner Roll (2) Chicken Passing WP Dinner Roll (2) WP Dinner Roll (2) Chicken Passing WP Dinner Roll (2) Chicken Passing WP Din					
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Chicken Sausage (1) Capri Vegetables Baby Baked Potato Baby Baked Potato WW Crackers (4pk) Fresh Apple 16 WG Oatmeal Pouch FF Yogurt (2) Orange Juice & 1% Milk (2) Tomato Cucumber Salad Chicken Sausage (1) Capri Vegetables Oriental Veg Blend Oriental Veg Blend Jasmine Rice Broccoli Italian Veg Blend Italian Veg Bl			` ,		
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Baby Baked Potato WW Crackers (4pk) Fresh Apple 16 WG Oatmeal Pouch FF Yogurt (2) Orange Juice & 1% Milk (2) Tarragon Chicken Salad w/ Yogurt Dressing Tomato Cucumber Salad Broccoli Italian Veg Blend Italian			<u> </u>		
Fresh Apple IW Pears IW Mandarin Orange Fresh Apple Raspberry Double Chocolate Cake 16 17 18 19 **20** WW Bread (2) w/ Peanut Butter & SF Jelly FF Yogurt (2) Orange Juice & 1% Milk (2) Tarragon Chicken Salad w/ Yogurt Dressing Tomato Cucumber Salad Fresh Apple Raspberry Double Chocolate Cake WW Bread w/ Cottage Cheese WG Cheerios FF Yogurt WW Bread w/ Cottage Cheese WG Oatmeal Pouch FF Yogurt FF Yogurt FF Yogurt SF Jelly & Smart Balance Orange-Pineapple Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2) Orange-Pineapple Juice & 1% Milk (2)			Broccoli		
Tarragon Chicken Salad w/ Yogurt Dressing Tomato Cucumber Salad 17 18 18 19 **20** WW Bread (2) w/ Peanut Butter & SF Jelly WW Bread w/ Cottage Cheese WG Cheerios WG Cheerios WG Cheerios WG Cheerios WG Cheerios WG Cheerios FF Yogurt FF Yogurt FF Yogurt SF Jelly & Smart Balance Orange-Pineapple Juice & 1% Milk (2)				WG White Corn Tortilla (1)	Fresh Orange
WG Oatmeal Pouch FF Yogurt (2) Orange Juice & 1% Milk (2) Tarragon Chicken Salad w/ Yogurt Dressing Tomato Cucumber Salad WW Bread (2) w/ Peanut Butter & SF Jelly FF Yogurt WG Cheerios WG Cheese WG Cheese WG Oatmeal Pouch FF Yogurt FF Yogurt SF Jelly & Smart Balance FF Yogurt Orange-Pineapple Juice & 1% Milk (2)					
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Orange Juice & 1% Milk (2) Tarragon Chicken Salad w/ Yogurt Dressing Tomato Cucumber Salad Tomato Cucumber Salad LF String Cheese Orange-Pineapple Juice & 1% Milk (2) Tomato Cucumber Salad Orange-Pineapple Juice & 1% Milk (2)					
Tarragon Chicken Salad w/ Yogurt Dressing Tomato Cucumber Salad To					
Tomato Cucumber Salad					
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	Spring Mix	Broccoli & Pepper Salad	Greek Salad w/ Garbanzo Beans & Chicken	Corn, Lima Beans & Tomato Salad	Corn & Tomato Salad w/ Pesto Dressing
WW Crackers (4pk) Spring Mix Zucchini & Tomato Salad WW Dinner Roll (2) Spring Mix	WW Crackers (4pk)			,	9
WW Dinner Roll w/ Smart Balance WW Dinner Roll (2) WW Dinner Roll w/ Smart Balance w/ Smart Balance WW Bread (2)	WW Dinner Roll w/ Smart Balance				
Italian Dressing w/ Smart Balance IW Pears IW Peach Homemade Ranch Dressing					Homemade Ranch Dressing
IW Mandarin Orange Italian Dressing Pork Carnitas Salisbury Steak Fresh Orange					
Fish Fillet Fresh Orange w/ Tomatillo Sauce w/ Mushroom Brown Gravy *First Day of Summer Celebration*					
Corn & Lima Beans Penne Pasta w/ Marinara Sauce Fiesta Blend Broccoli Cuts Turkey Roast WG White Corn Mini Tortillas (2) LS Ground Turkey Cilantro Lime Rice Mashed Potatoes Black Beans					
Mexican Rice Italian Veg Blend WG White Corn Mini Tortillas (2) WW Crackers (4pk) Corn & Carrots					
IW Tropical Fruit Mix Parmesan Cheese (1pkt) Fresh Apple IW Mandarin Orange Hawaiian Bun			` ,		
Ranchera Sauce IW Pineapple Chunks Ketchup & Mayo	·				
Pineapple Chunks					Pineapple Chunks
Mixed Berry Danish					Mixed Berry Danish



Multicultural Home Delivered Meals June Menu 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
23	24	25	26	27
WG Raisin Bran FF Yogurt (2) Orange Juice & 1% Milk (2) Chicken w/ Green Beans & Tomato Salad Mexican Style Salad WW Crackers (4pk) WW Dinner Roll (2) IW Pears Cubed Beef w/ Stew Gravy Stew Vegetables Broccoli Jasmin Rice IW Tropical Fruit	WG Oatmeal Pouch Hardboiled Egg (2) WW Bread FF Yogurt Orange-Pineapple Juice & 1% Milk (2) Couscous w/ Feta Cheese Salad Healthy Veggie Salad Spring Mix Italian Dressing IW Mandarin Orange Sliced Turkey w/ Florentine Sauce Italian Veg Blend Fettuccini WW Dinner Roll (2) Fresh Orange	WG Cheerios FF Yogurt LF String Cheese Orange Juice & 1% Milk (2) Thai Citrus Crunch Salad w/ Roast Beef WW Dinner Roll (2) IW Peach Pulled Pork w/ Tomatillo Sauce Pinto Beans Corn & Lima Beans WG White Corn Tortillas (2) Fresh Apple	WG Oatmeal Pouch WW Bread Orange-Pineapple Juice & 1% Milk (2) Beef Taco Salad (Crumbled Beef, Pinto Beans, Corn, Shredded Cheese) Spring Mix Cilantro Lime Dressing IW Pineapple Chunks Diced Chicken w/ Lemongrass Sauce Oriental Veg Blend Brown Rice WW Dinner Roll (2) Fresh Orange	WG Raisin Bran Granola Honey Bar FF Yogurt (2) Orange Juice & 1% Milk (2) Diced Chicken Green Pepper & Tomato Salad Spring Mix WW Crackers (4pk) Italian Dressing IW Tropical Fruit Mix Spinach & Mushroom Quiche Chicken Sausage (1) Mixed Vegetables WW Dinner Roll (2) Fresh Apple
30 WW Bread w/ SF Jelly & Smart Balance WG Oatmeal Pouch LF String Cheese FF Yogurt Orange-Pineapple Juice & 1% Milk (2)				

FF Yogurt
Orange-Pineapple Juice & 1% Milk (2)
Chicken Ranch Pasta Salad
California Salad
Spring Mix
WW Dinner Roll w/ Smart Balance
Italian Dressing
IW Peach
Breaded Fish
Broccoli
WG White Corn Tortilla (1)
Spanish Rice
Pico de Gallo
Fresh Apple









The project is funded in part through funds from the Federal Older Americans Act as allocated by the Orange County Board of Supervisors. All Meals comply with the Dietary Guidelines for Americans (DGA) 2020 - 2025 & the Dietary Reference Intakes (DRI) for older adults as determined by the California Dept. of Health and Human Services Agency & the U.S. Department of Agriculture. Sugar free desserts and water packed fruits are used throughout the menu to accommodate diabetics. 1% milk served daily. The voluntary contribution is \$5.25 per day. Weekly average meals provide >1600 calories. Sodium is analyzed daily to not exceed 2300mg. Any meals that exceed 2300mg of sodium are indicated with a saltshaker icon. Please note condiments are not analyzed and may increase sodium. Special meals are indicated with **, sodium may exceed 2300 mg on these days.