



MEALS on WHEELS
ORANGE COUNTY

Quarterly Newsletter

SERVING IT UP

NOURISHING LIVES

2020 EDITION 1



Message from the CEO

Holly Hagler

Keeping the Momentum Going

Since becoming Meals on Wheels Orange County last October, we have seen a groundswell in the number of individuals and organizations who have greater awareness about hunger and loneliness among at-risk older adults right here in Orange County. It's exciting to see the community increase their engagement in our mission!

We are grateful for your help as we build an even larger "family" to keep pace with the growing number of vulnerable older adults in our community. Together, let's keep this momentum moving forward.

Are you affiliated with a business, foundation, service group, club, or faith-based organization that would be interested in supporting older adults in your area? Or, would YOU like to personally connect more deeply? We have many opportunities to make a difference for older adults in our community: deliver meals to homebound older adults, become a Friendly Visitor, serve lunch to older adults at your local senior center, assist our Adult Day Programs, sponsor meals, donate or advocate.

Visit mealsonwheelsof.org or call (714) 220-0224 to find out more.

Thank you for being on our team!

Love at First Bite



Meals on Wheels client, Nancy

Nancy began receiving nutritious meals from Meals on Wheels Orange County two years ago when her inability to stand made it impossible to shop or prepare food for herself. She'd heard rave reviews from others who received Meals on Wheels, so she decided to try it herself. Nancy LOVED IT from the first bite! "I'm very happy with Meals on Wheels," she said. "I've tried entrées I've never tasted before and I always get enough food. I like the way the food is prepared and the variety, plus the fact that it is nutritious, and let's be honest...there are no dishes to wash!" Nancy was also thrilled with her surprise from our holiday gift program. "The volunteers are very friendly and very much appreciated," she added.

Nancy encourages others in need to be nourished by Meals on Wheels OC. She said, "I want to tell everyone needing the meals to try it! Anyone would be very satisfied with this delicious food and the ample quantity in each meal."

The ADHC's Secret Santa

Holiday parties at the Anaheim Adult Day Health Care (ADHC) center are always fun and traditionally include surprise gifts from Santa. This year was no exception. Not only did Santa deliver gifts, he was an unexpected surprise himself! From the first "HO, HO, HO!" participants knew the man under the suit was not who they had anticipated. They had expected to see Luis, their friend and peer who suited up last year to cheerfully distribute gifts from the Holiday Gift program to his ADHC family of friends. When the group realized Luis wasn't in attendance, they wondered: who was this mystery Santa?

The stand-in Santa was very excited to play the part and wanted to keep his friends in suspense by keeping his dual identity a secret. With the staff's help, none of the ADHC participants guessed that the jolly man in the red suit was Jose, a fellow participant who had surprised them by wearing a "scary" costume for the ADHC Halloween parade just a few months prior!



Staff Members, Lupe, Demaris, Nadia, Dawn, Jimena, and Maria, enjoy seeing participant, Jon, receive his gift from Santa (Jose).

Jose loves coming to the ADHC and was thrilled with the opportunity to play Santa. "Before I began coming here [last June], I had no one to talk to during the day," said Jose. "Now I'm interacting and deeply care about everyone here. Playing Santa was God-sent and made this **the best** Christmas for me. I loved it!!"

Have you ever wondered how 1,000,000 nutritious meals are developed, created, and distributed each year?



You are
INVITED!

Tour the
Meals on Wheels Orange County
22,000 sq.ft. Community Kitchen

Call today to schedule!
(714)229-3375

CEO Holly Hagler Named As One Of Top Influencers in OC

Recently, the Orange County Register released their list of the **100 Top Influencers in Orange County for 2019**, highlighting individuals with noteworthy accomplishments during the year.

Our very own Holly Hagler, President and CEO of Meals on Wheels Orange County, was among those recognized. Holly, who was elected to Meals on Wheels America's National Board of Directors in 2019, believes that it is critical to bring visibility to older adult hunger and loneliness to local, state, and national levels. Holly said, "I am honored and humbled to be among such noteworthy individuals and to be of service to our community. Many of our older neighbors are hungry and isolated, and the number is growing. Together, we can make a difference in their lives."

Volunteer Opportunities



Lunch Café Program: Volunteers are needed in Buena Park on Mondays & Thursdays, between 11:00 AM-12:30 PM and in Fountain Valley on Tuesdays & Thursdays from 9:30 AM-12:00 PM to assist with serving the meals and clean up after lunch.

Meals on Wheels: Volunteer drivers are needed at various locations in North and Central Orange County. Opportunities are available Monday to Friday, 9:00 AM-11:30 AM.

Friendly Visitor: Volunteers are needed to provide companionship to lonely seniors living in North & Central Orange County. Play a card game, go for a walk, share a meal, or simply sit and chat with an older adult in your area. Scheduling of one-hour visits is flexible (evenings and weekends available).

For more information, contact Tracy Hall, Director of Volunteer Services, at thall@MealsOnWheelsOC.org, or call 714-229-3349.

Holiday Gift Program Supporters Spread Cheer

Thanks to many compassionate individuals and 20 big-hearted organizations, more than 1,000 holiday gift bags and hundreds of gift cards were donated in support of the Meals on Wheels OC 2019 Holiday Gift Program. This outpouring of generosity made it possible for all participants of our Meals on Wheels, Adult Day Services, and Care Transition programs to receive a gift this holiday season. Our clients were overjoyed and wish to thank all the businesses, churches, service groups, and individuals who participated.

Pictured here are members of the board representing the Korean American Chamber of Commerce of Orange County (KACCOC) who generously filled holiday gift bags,

bringing cheer to 40 isolated older adults receiving services from Meals on Wheels Orange County.



Members of the board of the Korean American Chamber of Commerce of Orange County (KACCOC).

Leadership Profile: Liz Morton



Liz Morton, Senior Director of Development, joined our team last October with 10 years of fundraising experience and is a Certified Specialist in Planned Giving. Liz has a lifelong passion for older adults stemming from a close bond with her grandparents. She is enthusiastic about her new role and looks forward to helping community members accomplish their philanthropic goals. Liz said, “I want to be a conduit for folks to connect personally with services at Meals on Wheels Orange County so they know their generosity is—or will be—making an impact. I hope I can be of service to those who want to build a legacy they can feel proud of.” Thanks, Liz, for joining our team!



NON-PROFIT ORG.
U.S. PROFIT
PAID
TMG

1200 N. Knollwood Circle
Anaheim, CA 92801

General Information:
714-220-0224

**Meals on Wheels &
Lunch Café:**
714-823-3294

Adult Day Services:
Anaheim 714-220-2114
Santa Ana 714-558-1216



@mealsonwheelsoc

What's Your Legacy?

What would you do if you had the power to do something remarkable today that makes an impact that lasts forever?

It's simple. By updating the beneficiary designations for your bank and investment accounts, such as those listed below, you have a great opportunity to leave a lasting impact:

- IRA, 401(k), or 403(b) retirement accounts
- Investment accounts
- Checking, savings, or CD account
- Life insurance you no longer need

Ask your account custodian, insurance agent, or bank how to update your beneficiaries. You can name family, friends, or an organization like ours to inherit all or a portion of your account. And when you leave a gift to Meals on Wheels Orange County, your legacy is one of compassion and generosity.



Darla Olson
Vice President, Advancement
714.229.3362
dolson@mealsonwheelsoc.org



Liz Morton, CSPG
Senior Director, Development
714.229.3373
lmorton@mealsonwheelsoc.org